

# EASY TO PLANT CULINARY HERBS

## Plant It. Pinch It. Plate It!

These are all low-maintenance and grow well in pots, raised beds, or tucked into garden edges:

#### Basil

Loves sun and warmth. | Perfect for pesto, pasta, and salads. **Tip:** Pinch off flowers to keep it leafy and productive.

#### **Parsley**

Flat-leaf (Italian) for flavor, curly for garnish. | Great in soups, sauces, and tabbouleh. | Grows well in partial shade too.

#### Mint

Super easy - maybe too easy (keep it in a pot!). Ideal for teas, desserts, and refreshing drinks like mojitos.

#### Thyme

Drought-tolerant and tough. | Delicious in roasted veggies, chicken, and stews. | A great choice for garden borders or rock gardens

#### **Chives**

Mild onion flavor, grows back after cutting. Perfect for topping eggs, potatoes, and creamy dips

#### **Rosemary**

Woody perennial that loves sun and good drainage. Great for roasts, breads, and infused oils. | Also beautiful as a small shrub in the garden

#### Oregano

Hardy and spreads easily. | Classic in Italian, Greek, and Mexican cooking. | Use fresh or dry it for later.

#### Coriander

Fast-growing but short-lived. | Great for tacos, salsa, curries loves cool weather.

Tip: Let it bolt and collect the coriander seeds!

#### What You'll Need to Get Started Your Simple Kitchen Herb Garden Starter Kit

#### Supplies:

\* Herb seeds or seedlings (Start with 3–5 from: basil, parsley, thyme, mint, chives, rosemary, oregano)

- \* Pots or containers with drainage holes (6–8 inch minimum)
- \* Quality potting mix (Look for organic or herb/veggie-safe blends)
- \* Labels or plant markers (Keep track of what's what!)
- \* A watering can or spray bottle
- \* A sunny spot (Herbs love 4–6+ hours of sunlight per day a windowsill, patio, or raised bed is perfect!)

### Step-by-Step How to Checklist

From Seed or Seedling:

- Choose your herbs (start with 3–5 easy ones like basil, thyme, parsley, etc.)
- Fill your pots or containers with fresh potting mix.
- Moisten the soil lightly before planting.
- Plant seeds (*follow spacing/depth on the packet*) or transplant seedlings gently into the soil.
- Label each herb so you don't mix them up.
- Place pots in a sunny spot (windowsill, patio, or raised bed)
- Water gently and regularly keep soil moist, not soggy
- Watch for sprouting! Thin out seedlings if needed
- Harvest leaves when the plant is 4–6 inches tall (*pinch, don't pull!*)
- Use your herbs fresh in your favorite dishes, or dry them to save.

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